

# Literaturverzeichnis – Vitamin D-Mangel die unterschätzte Gefahr

2018

Da der Verlag bedauerlicherweise die mit großem Zeitaufwand für das Buch zusammengetragene Literatur in die gedruckte Ausgabe nicht eingefügt hat, werden die Zitate den Lesern hier nach Kapiteln geordnet zur Verfügung gestellt.

## **Kapitel 2: Die Bildung von Vitamin D als Sonnenhormon in unserer Haut und seine Verteilung in unserem Körper**

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## **Kapitel 3: Der weltweite Mangel an Sonnenhormon**

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#### **Kapitel 4: Einfluss des Sonnenhormons auf unser Immunsystem**

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## **Kapitel 6: Die Bedeutung von Vitamin D bei Zuckererkrankungen**

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## Kapitel 7: Erkrankungen des Herzens und der Gefäße

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## **Kapitel 12: Vitamin D-Mangel als Teil des Natur-Defizit-Effektes**



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### **Kapitel 13: Hochdosis Vitamin D-Therapie im ganzheitlichen Therapie-Konzept bei Auto-Immunerkrankungen - Anmerkungen zum Coimbra-Protokoll**

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